

Consent for Treatment

General Information: Seattle Integrative Medicine is an integrative care clinic comprised of physicians and practitioners skilled in a wide variety of health promoting treatments and procedures. Some of the services here include: naturopathic medicine including nutrition, botanical medicine, homeopathic medicine, physical medicine, psychological counseling, and lifestyle counseling; acupuncture; and conventional, drug-based medicine.

Methods, Procedures, and Therapeutic Approaches Which May Be Utilized:

General Diagnostic Procedures: Include, but are not limited to, venipuncture, pap smears, radiography, blood/urine laboratory work, validated diagnostic questionnaires, physical examination including musculoskeletal and neurological assessments.

Psychological Counseling, Lifestyle Counseling, Exercise Prescriptions

Acupuncture (insertion of special sterile needles at specific points on the body)

Topical Treatments and Prepping (includes cupping- a technique using glass cups on the surface of the skin usually with a heat-created vacuum)

Herbs/Natural Medicine: Prescribing of various therapeutic substances using plants, minerals, and animal materials. Substances may be teas, pills, powders, tinctures (may contain alcohol), topical creams, pastes, plaster washes, suppositories, or other forms. Homeopathic remedies, often highly dilute quantities of naturally occurring substances, may be used.

Intravenous (IV) Rehydration/Nutrition: Use of essential and conditionally essential nutrients, including but not limited to vitamin C, magnesium, B vitamins, and calcium, diluted in saline and administered into a vein.

Dietary Advice and Therapeutic Nutrition: Use of foods, diet plans or nutritional supplements for treatment- may include intramuscular vitamin injections.

Soft Tissue and Osseous Manipulation: Use of massage, neuro-muscular techniques, muscle energy stretching or visceral manipulation, as well as manipulations of the extremities and spine including traction and craniosacral therapy.

Electromagnetic and Thermal Therapies: Includes the use of ultrasound, low and high volt electrical muscle stimulation, transcutaneous electrical stimulation, microcurrent stimulation, diathermy, infrared and ultraviolet therapies, moxa (warming of acupuncture points) and/or hydrotherapies.

Potential Risks: *Pain, discomfort, blistering, discolorations, infection, burns, loss of consciousness or deep tissue injury from needle insertions, topical procedures, heat or frictional therapies, electromagnetic- and hydrotherapies, allergic reactions to prescribed herbs or supplements, soft tissue or bone injury from physical manipulations, and aggravation of pre-existing symptoms.*

Potential Benefits: *Restoration of health and the body's maximal functional capacity, relief of pain and symptoms of disease, assistance in injury and disease recovery, and prevention of disease or its progression.*

Notice to Pregnant Women: *All female patients must alert doctor if they know or suspect pregnancy as some of the therapies used could present a risk to the pregnancy.*

I understand that I may ask questions regarding my treatment before signing this form and that I am free to withdraw my consent and to discontinue participation in these procedures at any time. With this knowledge, I voluntarily consent to the above procedures, realizing there are no guarantees given to me by the Seattle Integrative Medicine or any of its personnel regarding cure or improvement of my condition. I understand that a record will be kept of the health services provided to me. This record will be kept confidential and will not be released to others unless so directed by me or otherwise permitted or required by law.

Patient Name (PRINT)

Guardian/Personal Representative's Name

Patient's Signature

Guardian/Personal Rep.'s Signature

Date

Relationship/Representative's Authority