



New Patient Instructions

Please bring with you at the time of the visit:

- Your completed forms
- Your insurance card
- A list of supplements you are **currently** taking
- **Copies** of lab, pathology and diagnostic reports from last year It is not necessary to bring copies of progress or chart notes.

Our time, like your own, is valuable and we require a **minimum of 24 hours notice to cancel or reschedule an appointment.** If this requirement is not met, you will be billed for the standard cancellation fee of \$50.00.

If you have any further questions, do not hesitate to call us at (206) 525-8012. The clinic is open from 9am to 5pm Monday through Friday.

We look forward to meeting you!

Directions to Seattle Integrative Medicine

The clinic is located at 2111 N. Northgate Way Suite 221. Most convenient may be to travel along I-5 and take the Northgate Exit 173 and head WEST once you are on Northgate Way. The office is located in a 3-story office building on the SOUTH corner of Northgate Way and Meridian Ave. Parking located on the lobby level and is free for 2 hours.

From the South of Seattle:

Take I-5 North and exit at Northgate Way (Exit 173)

Turn Left at 1st Ave. Travel north to Northgate Way

Turn LEFT on Northgate Way Go west under the free way and turn left just before the Meridian Ave light into the upper parking garage of the Northgate Meridian building (2111 N. Northgate Way).

Seattle Integrative Medicine is on the second floor.

From the North of Seattle:

Take I-5 South and exit Northgate Way (Exit 173)

Turn RIGHT. Travel westward along Northgate Way and turn left just before the Meridian Ave light into the upper parking garage of the Northgate Meridian building (2111 N. Northgate Way)

Seattle Integrative Medicine is on the second floor.

- Marco Vespignani, ND
- Laurie Mischley, ND, PhD, MPH
- Samantha Evans, ND

- Melissa McCarty, ND
- Christian Dodge, ND
- Belle Minshall, ND



Patient Registration
 Please fill out completely

Patient Legal Name: _____ Nickname: _____
 Street Address: _____
 City: _____ State: _____ Zip: _____
 Birth Sex: M F Gender Identity: M F _____ Home Phone: _____
 Email: _____ Work Phone: _____
 Date of Birth: _____ Age: _____ Alt Phone: _____
 Employment: Employed F/T Student P/T Student Retired Other
 Marital Status: Single Married Divorced Widowed Partnered Other
 Referred By: _____
 In Case of Emergency Contact: _____ Relationship: _____
 Emergency Contact Phone Number: _____

Primary Insurance

Insurance Company Name: _____ Phone: _____
 Claims Address: _____ City: _____ ST: _____ ZIP: _____
 Subscribers Name: _____ Date of Birth: _____
 Relationship to you: _____ Self Spouse Dependent Other
 ID/ Claim # (as shown on card): _____ Policy/Group #: _____
 Employer of Insured: _____

Secondary Insurance

Insurance Company Name: _____ Phone: _____
 Claims Address: _____ City: _____ ST: _____ ZIP: _____
 Subscribers Name: _____ Date of Birth: _____
 Relationship to you: _____ Self Spouse Dependent Other
 ID/ Claim # (as shown on card): _____ Policy/Group #: _____
 Employer if Applicable: _____ Effective Injury Date: _____

I understand that I am financially responsible for all charges and agree to pay for services. I authorize the doctor to release to my insurance company(ies) any and all information necessary to process my claim. I further authorize that payments be made directly to the physician.

Signature _____ Date _____

History of Main Concern

Name: _____ DOB: _____
Allergies (medication, food, etc.): _____

Please describe how and when your main concern started, how it has progressed over time, and how it is affecting your life.

Please list all other practitioners you are seeing, their specialties and phone Numbers. (Note: they will not be contacted without your permission)

Past and Present Medical Diagnoses:

Current Medications and Dosage:

Current Nutritional Supplements and Dosage:

Consent for Treatment

General Information: Seattle Integrative Medicine is an integrative care clinic comprised of physicians and practitioners skilled in a wide variety of health promoting treatments and procedures. Some of the services here include: naturopathic medicine including nutrition, botanical medicine, homeopathic medicine, physical medicine, psychological counseling, and lifestyle counseling; and conventional, drug-based medicine.

Methods, Procedures, and Therapeutic Approaches Which May Be Utilized:

- General Diagnostic Procedures: Include, but are not limited to, venipuncture, pap smears, radiography, blood/urine laboratory work, validated diagnostic questionnaires, physical examination including musculoskeletal and neurological assessments
- Psychological counseling, lifestyle counseling, exercise prescriptions
- Herbs/natural medicine: Prescribing of various therapeutic substances using plants, minerals, and animal materials. Substances may be teas, pills, powders, tinctures (may contain alcohol), topical creams, pastes, plaster washes, suppositories, or other forms. Homeopathic remedies, often highly dilute quantities of naturally occurring substances, may be used
- Intravenous (IV) rehydration/nutrition: Use of essential and conditionally essential nutrients, including but not limited to vitamin C, minerals such as magnesium, B vitamins, antioxidants such as glutathione, diluted in saline and administered into a vein
- Dietary advice and therapeutic nutrition: Use of foods, diet plans or nutritional supplements for treatment- may include intramuscular vitamin injections
- Soft tissue and osseous manipulation: Use of massage, neuro-muscular techniques, muscle energy stretching or visceral manipulation, as well as manipulations of the extremities and spine including traction and craniosacral therapy
- Electromagnetic and thermal therapies: Includes the use of ultrasound, low and high volt electrical muscle stimulation, transcutaneous electrical stimulation, microcurrent stimulation, diathermy, infrared and ultraviolet therapies, moxa (warming of acupuncture points) and/or hydrotherapies.

Potential Risks: Pain, discomfort, blistering, discolorations, infection, burns, loss of consciousness or deep tissue injury from needle insertions, topical procedures, heat or frictional therapies, electromagnetic- and hydrotherapies, allergic reactions to prescribed herbs or supplements, soft tissue or bone injury from physical manipulations, and aggravation of pre-existing symptoms.

Potential Benefits: Restoration of health and the body's maximal functional capacity, relief of pain and symptoms of disease, assistance in injury and disease recovery, and prevention of disease or its progression.

Notice to Pregnant Women: All female patients must alert doctor if they know or suspect pregnancy as some of the therapies used could present a risk to the pregnancy.

I understand that I may ask questions regarding my treatment before signing this form and that I am free to withdraw my consent and to discontinue participation in these procedures at any time. With this knowledge, I voluntarily consent to the above procedures, realizing there are no guarantees given to me by the Seattle Integrative Medicine or any of its personnel regarding cure or improvement of my condition. I understand that a record will be kept of the health services provided to me. This record will be kept confidential and will not be released to others unless so directed by me or otherwise permitted or required by law.

Patient Name (PRINT)

Guardian/Personal Representative's Name

Patient's Signature

Guardian/Personal Rep.'s Signature

Date

Relationship/Representative's Authority

Patient Responsibility and Confidentiality

Your Insurance Does Not Always Pay for Everything

It is the responsibility of the patient to determine whether services rendered at this clinic are covered by your particular insurance plan. Individual plans, even within the same company, vary tremendously. Every effort is made by our staff to be respectful of your financial limitations and to assist you. (i.e. your plan may specify you pay 20% of services.)

The practitioners at Seattle Integrative Medicine are committed to practicing the best medicine available, which sometimes includes therapies, labs, etc. not covered by your insurance. Every effort is made to obtain your consent prior to incurring such charges.

I accept financial responsibility for services rendered in this clinic:

Signature

Date

Permission to leave voice mail on your answering machine?

We respect your privacy, yet there are times important information may need to be relayed to you via phone. In some cases, your standard contact numbers are not appropriate for this type of information.

Do you have a phone number where we can leave private information, such as lab results?

Phone

Signature

Date

Permission to use your information for research purposes?

We are committed to the advancement of medicine. While our therapies are science-based, not all have been evaluated in clinical trials. Our therapies are sometimes experimental and the best way to evaluate their efficacy is to pool patient data/ results for research purposes. To use your data in such a fashion requires your signature. Your confidentiality is protected at all times and under no circumstances is your name attached to any of the data used for research purposes. Please sign below if we may use information from your chart for research purposes. You may retract this permission at anytime by stating this in writing.

Signature

Date

Option to authorize release medical information to family/caretaker

Authorization:

I, _____ Date of Birth _____, designate the following person to be able to speak with staff at Seattle Integrative Medicine on my behalf about my medical condition or the status of my account. I release Seattle Integrative Medicine and its staff from any claim of confidentiality in connection with the release of this information. **Passwords are optional*

Name of Designated Person: _____ *Password: _____

Relationship: _____ Phone #: _____



The independent practices of:

Marco Vespignani, ND
Laurie Mischley, ND
Samantha Evans, ND

Melissa McCarty, ND
Christian Dodge, ND
Belle Minshall, ND

ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I have reviewed a copy of the notice of privacy practices to read available to me [here](#). The notice describes how my health information may be used or disclosed. I understand that I should read it carefully. I am aware that the notice may be changed at any time. I may obtain a copy of the notice by calling 206-525-8012 or by requesting one at the office.

Date: _____

Signature: _____

Print your name here: _____

As a representative of the above individual, I acknowledge receipt of the notice on their behalf.

Date: _____

Signature: _____

Print your name here: _____

Relationship to Patient: _____